



STEP 1:
T HINKING

Your Awareness

Leading yourself and others
Important areas of your life
Who do you want to be?
Quality of your thinking

Unconscious & conscious behaviour
Behavioural filters & patterns
You & your brain wiring
Self-regulation

Above the line:
What needs to be in place before you act

STEP 2:
H EADSPACE
Visionary
EDISC Dominant Energy
Your Why
Head & Heart

Your Mindset

Your reality & perspective
Who are you?
What is your purpose?
What's most important to you?

What are your beliefs & how do they impact your success?
What is your personal vision & mission?
What are your attitudes & standards?
Your boundaries and you

QUALITATIVE BEST PRACTICES
Words & Meanings

STEP 3:
I NSTRUCTIONS
Architect
EDISC Steady energy
Your How
Systems & Structure

Your "How To" Guide

Your performance
How to set and achieve goals
Your benchmarks of excellence

Modelling others for high performance
How to make great decisions
Strategies for success

QUANTITATIVE BEST PRACTICES
Numbers & Measurement

STEP 4:
N OW, NOT LATER
Dynamo
EDISC Compliance energy
Your What
Implementation

Taking Action

Personal accountability
How your fear & ego keep you stuck
The impact of your flexibility

Your strengths and gaps
Do your habits & routines
How you are motivated?

Below the line:
What you actually do

STEP 5:
K EY PEOPLE
Collaborator
EDISC Influencer energy
Your Who
Manage People

Communication

Your influence
Your language
Building rapport
Your inner circle

Key conversations
Your connections
Your guidance
Social skills

THINKING LEADERS
www.thinkingleaders.com
Adapted from Meta Dynamics TM
Critical Alignment Model by The Coaching Institute